



# Practical applications

BMN is used by:

- choreographers to protect their copyright and as a reference for work-in-progress,
- dancers to learn their roles directly or through a notator,
- dance students to improve movement vocabulary and observation skills,
- dance teachers to read dances from the repertoire, plan classes, record choreography and study exercises in the RAD's examination syllabi,
- dance scholars for academic research,
- dance staggers who teach from a 'text' designed in a succinct and analysed form,
- dance notators (also known as Benesh Choreologists) within dance companies,
- the RAD to communicate with our multi-lingual members,
- dance companies to record and maintain repertoire works,
- opera and musical industry to record choreography for rehearsals and re-staging,
- film and TV industry to plan and record movement content,
- anthropologists as an analytical tool, and
- clinicians and physiotherapists to analyse patients' movement, gait and posture.