

ROYAL ACADEMY OF DANCE

Dance for All Tutors

David Leventhal BA

We are all dancers: Access and inclusion for older people dancing



Photo: World Parkinson Coalition

David Leventhal is a founding teacher and Program Director for Dance for PD®, a program of the Mark Morris Dance Group that has been used as a model for classes in more than 300 communities in 30 countries. He leads classes for people living with Parkinson's disease around the world and trains other teaching artists in the Dance for PD approach. He's co-produced five volumes of a successful instructional video series and helped conceive and design *Moving Through Glass*, a dance-based Google Glass App for people with Parkinson's. Leventhal has contributed chapters to the

Bloomsbury Handbook of Dance and Philosophy, *Moving Ideas: Multimodal Learning in Communities and Schools* (Peter Lang), and *Creating Dance: A Traveler's Guide* (Hampton Press), and has served as co-author on a number of peer-reviewed articles. He serves on the board of the Davis Phinney Foundation, is an advisory board member for the Georgetown Lombardi Comprehensive Cancer Center's Arts and Humanities Program and the Johns Hopkins University/Aspen Institute NeuroArts Blueprint, and is a founding member of the Dance for Health committee for the International Association for Dance Medicine & Science (IADMS). He's received the IADMS Pioneer Dance Educator Award (2021), Martha Hill Mid-Career Award (2018), World Parkinson Congress Award for Distinguished Contribution to the Parkinson's Community (2016) and was a co-recipient of the Alan Bonander Humanitarian Award from the Parkinson's Unity Walk (2013). As a dancer, he performed with the Mark Morris Dance Group from 1997-2011, appearing in principal roles in some of Mark Morris' most celebrated works and receiving a 2010 Bessie Award for his performance career. As a young dancer, he spent two memorable summers training at RAD in London.

Emma Jones

Makaton for Dancers



Emma is a freelance dance artist, educator, researcher and Makaton Tutor based in the North West. She is passionate about inclusive and creative dance, learning through dance, dance education and communication.

Emma achieved her BA (Hons) dance degree at Bretton Hall before moving to London to complete a postgraduate course at Trinity Laban. For 11 years Emma was based in London working for a range of regional, national and international organisations in both formal education contexts and community settings. This included teaching for the RADiate project; an RAD project in London for primary school aged SEN children.

Emma continues to work for the RADiate project as the Research and Coordination Officer which involves collecting data and evidence from the projects partners and compiling the annual report. During Emma's time in London, she also studied for her Master of Teaching (Dance) through the RAD and the University of Surrey. Since re-locating back to the North West all of Emma's independent work is delivered through her own organisation [Splatter Dance](#).

Emma has been using Makaton as part of her dance practice for 16 years and qualified as a licensed Makaton Tutor 6 years ago. She delivers a range of standardised workshops on behalf of the Makaton charity and since becoming a Tutor has been developing and delivering workshops for those who work in dance and arts settings to ensure resources are relevant to their needs.

Kerry DeVine AISTD CDE RAD dip, dip NBS

Principles and Practices of Adapting Ballet Repertoire for Older Learners

Silver Swans® Workshop



Kerry graduated from Northern Ballet School, Manchester in 1999 with an RAD Student Teaching certificate, AISTD Diploma in Classical Ballet, Modern Theatre, Tap Dance and National Dance, and an NBS Diploma.

For a year she taught freelance in the Northwest, in Shropshire, and in Oslo, Norway. During this time she went on to gain her RAD Teaching Certificate and Diploma. In 2000 she established her own dance studio based in Wigan which is still running to this day, celebrating its 23rd year. The studio hosts annual shows and exam sessions with the RAD.

In 2001 Kerry became a member of the RAD's Northern Regional Committee and was invited to be an RAD tutor in 2003, teaching at various workshops, summer schools and courses both nationally and internationally. In 2010 she became a mentor and tutor taking her around the UK for the RAD CBTS programme, assessing and mentoring student teachers.

In 2018 Kerry became a Silver Swans® tutor, delivering the Silver Swans Workshop for the RAD and running her own weekly Silver Swans class in Lancashire.

Professor Sara Houston BA MA PhD PGCAP PFHEA NTF FRSA

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Sara is Professor of Dance and Community Engagement at University of Roehampton, UK. Her pioneering research in dance and Parkinson's won the BUPA Prize in 2011 and her monograph, *Dancing with Parkinson's* was published by Intellect Books in 2019. Sara speaks world-wide on the subject of dancing with Parkinson's and currently acts as a consultant to the Dance Well programme in Hong Kong, having collaborated with several dance companies and organisations internationally, including English National Ballet, Dance Well Italy and Queensland Ballet Australia. As part of her research work, Sara acts as a professional development consultant for dance artists and arts

organisations. She recently created a digital guidebook for dance artists working in community settings, [*Soft Skills in Dance: a guidebook to enhance your practice*](#), a collaboration with Erasmus + and a consortium of six European Dance Houses.

Tracey Barnes

Dancing for Health: an introduction to seated dancing



Tracey is the founder of Dancing for Health CIC, a non-profit company which supports older, disabled and vulnerable adults through a variety of dance activities. The company is aimed at those people who do not choose to attend a mainstream dance class because of their medical or age-related conditions. Tracey has over 20 years experience of teaching dance and fitness. Her vision was to create dance therapy programmes to improve health and wellbeing and make dance inclusive for everyone.

Tracey qualified through the Global Professional Dance Instructors Association and is an Academy of Fitness Professionals Exercise to Music qualified fitness instructor. She also has a Level 3 Award in Education and Training and a Diploma in Dance Movement Psychotherapy.

Tracey has worked with St Luke's Hospice, Sheffield for the past 5 years supporting a wide range of clients with long-term health conditions, terminal or chronic illnesses. She has extensive experience with cancer patients through projects with Macmillan, Weston Park Cancer Hospital, Chesterfield Royal Hospital and has won an award for her work with the Sheffield United Fans Fighting Cancer project.

The Dancing for Health sessions provide movement and support individuals to be more active, boost musculoskeletal health, aiding recovery and remission, whilst supporting connection and mental health through group engagement. The Dancing for Health programmes have been evaluated through university research studies, with academic evidence and proven health benefits.