

MEMBERS DAY 2024

RAD Members' Day 2024: London, Sunday 21 April 2024

This year we are bringing together the RAD global community for a special Members' Day. Whether you are joining us in-person or online, you can expect a vibrant day with opportunities to network, participate in practical sessions, watch, and be part of inspirational conversations with people from the RAD and our partner organisations.

Here's our full programme of workshops and masterclasses for this year's Members' Day.

09:30 – 10:30

Arrival and networking

10:30 – 10:50

Opening remarks and Keynote by CEO Tim Arthur
Featuring a performance by [SYNC](#) – a youth dance company from the Step into Dance programme.

11:00 – 12:00

- **(11:00 – 11:30) Teaching Silver Swans:** Mastering the barre with older learners
- **(11:00 – 11:45) Mastering Musicality:** With Lynn Wallis and Jonathan Still
- **(11:00 – 12:00) Rambert Grades Taster:** Exploring the syllabi, followed by a Q&A

12:00 – 13:00

- **The 87th Annual General Meeting of the RAD**
- **Navigating stress with mindfulness, movement and stillness:** Yoga and embodied movement workshop

13:00 – 13:30

Break

13:30 – 14:00

- **The Power of Language:** Cultivating safe spaces in dance education
- **Embodying Tradition:** Character dance workshop
- **Showcasing the RAD Brand and marketing toolkit**

14:15 – 14:45

- **A pointe in time:** Demonstration extracts of Grade 1 syllabi from 1923
- **Empowering movement, reducing risk of injury**
- **Teaching Silver Swans:** A focus on seated work

14:45 – 15:30

- **Coffee break**
- **(15:00 – 15:20) Unveiling the magic:** Exploring Alice in VR Wonderland with Jasmin Vardimon Company

15:30 – 16:15

- **Rhythm & movement:** Latin dance masterclass with Strictly star, Karen Hauer, followed by a Q&A
- **(15:30 – 16:00) Teaching Silver Swans:** Empowering older learners in centre work

16:15 – 16:30

Closing Remarks and a special performance
by English National Ballet School

16:30 – 17:00

Drinks reception (for Gold ticket holders only)

17:00 – 18:00

The RAD Awards
Generously sponsored by Gallagher (for Gold ticket holders only)

ROYAL ACADEMY
OF DANCE

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