

Level	Number of candidates/ participants	Timing (minutes)
Intermediate Foundation	1	40
	2	45
	3 – 4	65
Intermediate	1	45
	2	50
	3 – 4	75
Advanced Foundation	1	55
	2	65
	3 – 4	85
Advanced 1	1	55
	2	65
	3 – 4	85
Advanced 2	1	55
	2	65
	3 – 4	85
Solo Seal	2	40
	3	40
	4	50