

Date: [insert]	Lesson 1 of 6	Participants: [insert number]
Venue: [insert]		Additional needs: [insert]

Lesson aim (0verall):	Learning Objectives (2-3 maximum)
	•
	•
	•

Time/LO	Activity	Teaching points/safety considerations	Resources/music
	Intro/starter		
	Warm up		
	Oregetive		
	Creative		

© Royal Academy of Dance 2013



Cool down	
Feedback/plenary	

Evaluation/actions to take forward to next class