Syllabus amends - Set exercises and variations Advanced Foundation Ballet, male and female

(January 2015)

The following amendments have been made to the Set exercises and variations, Advanced Foundation Ballet (printed in 2013)

- Most recent amendments are added to the beginning of the document
- Each correction is contained within a box
- Each box contains the date of the amendment
- The correction itself is shaded

P31 – AF-10: Centre Practice and pirouettes (November 2016)

Description of correction: Amendment to Benesh Movement Notation – insertion of above-stave bracket to denote end of introduction.
**P34 – AF-11F: Pirouette enchaînement – Female (November 2016)**

*Description of correction:* Amendment to Benesh Movement Notation – insertion of above-stave bracket to denote end of introduction.

![Diagram](image1)

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**P34 – AF-11M: Pirouette enchaînement – Male (November 2016)**

*Description of correction:* Amendment to Benesh Movement Notation – insertion of above-stave bracket to denote end of introduction.

![Diagram](image2)

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**P99 – AF-28: Révérence (June 2016)**

*Description of correction:* Typo in Benesh Movement Notation – the works 4 BARS has been changed to 3 BARS. No difference to the movement, and word notes remain unaffected.
P66 – AF-22: Courus and posés (June 2016)

*Description of correction:* Change to count 1& (coupe dessus with left leg) in Benesh Movement Notation. Word notes are unaffected.

P22 and P26 – AF-09: Adage (June 2016)

*Description of correction:* correction to word notes and Benesh Movement Notation for introduction counts 7-8 and the following count 1.

7-8  2 Classical walks en avant turning to right finishing facing 6

Right arm through 1st to arms 4th right arm raised  Head follows right arm

*Right arm basic port de bras to wide demi-bras left arm lower to side  Head follows right arm*

1  Step forward with right leg en fondu

Arms 2nd  Eyeline over front foot
Description of correction: correction to word notes and Benesh Movement Notation for fifth set of counts 7-8.

7-8  2 Classical walks en avant commencing left leg turning to left **finishing facing 5**  
     Left arm through 1st to arms 4th left arm raised  Head follows left arm

**Left arm basic port de bras to wide demi-bras  head follows left arm**
**P24 and P27 – AF-09: Adage (June 2016)**

*Description of correction:* correction to word notes and Benesh Movement Notation for counts 33 and 34.

33  Classical pose right leg derrière en croisé  Right arm lower in a direct line to side  
    Head follows right arm  
    **Right leg close 5th derrière en croisé**  **Right arm lower to side**  **Head lowered**

34  Hold  Head to 1
Description of correction: correction to counts &5&6&7

&5&6  Coupé dessous en demi-pointe and pas basque glisse en avant to left finishing left leg dégagé derrière facing 7

&5&6  Coupé dessous to face 3 and développé to 2nd with left leg

&  Close left foot 5th derrière en demi-pointes

6&  Pivot en dehors to face 1

7&  Posé en avant en fondu and left leg rond de jambe en dedans à terre en fondu making ¾ turn to the right to finish dégagé devant en fondu facing 6

7  Close 5th derrière en demi pointes
Description of correction: correction to counts &5&6&7
P15 – AF-05: Battements fondus and ronds de jambe en l’air (September 2013)

Description of correction: Notation change only, Bars 3 – 7 height of raise foot lowered to coup de pied height.

P67 – AF-22: Courus and posés (September 2013)

Description of correction: change of leg in counts &3-4 and 5-6

&3-4 Coupé dessus with left foot to face 7 and courus de côté left foot devant travelling de côté toward 8
Arms 3rd arabesque line across body right arm high Head turned to left

5-6 Courus en tournant right foot devant making 1 5/8 turns to right to face 1
Arms 3rd right arm forward Head turned to right
Description of correction: change of leg in counts 3-4 and 5-6, Benesh Movement Notation to match word notes above: