



Benesh Movement Notation for Ballet distance learning course

16 hours Time Valued CPD per unit

This flexible distance learning course is particularly suitable for RAD teachers who want to be able to use Benesh Movement Notation (BMN) in their study and teaching of ballet. Delivered by Benesh International, you can start at any point in the year.

Arranged into 4 units reflecting the structure of a ballet class, you will discover how notation conveys important information, including precise paths of movement, floor plans, rhythmic nuances and other detail. A variety of self-assessment reading and writing tasks will help to consolidate understanding. Completion of a worksheet at the end of each unit provides the opportunity to gain valuable feedback from your course tutor.

Aim

To give knowledge and understanding of the use of BMN in the context of classical ballet and enable you to use:

- BMN in your study and teaching of ballet, and
- the notated scores in the RAD syllabus books effectively.

Learning outcomes

By the end of this 4 unit course you will be able to:

- read standard ballet vocabulary notated in BMN
- read the notated scores in the RAD syllabus books
- make clear, concise and accurate notes about ballet movement using BMN, and
- use BMN scores as a resource in your study and teaching of the ballet repertoire

Course structure

The course consists of 4 progressive units that **must be studied in sequence**.

You enrol on one unit at a time and each is worth 16 hours of Time-Valued CPD. You are normally expected to complete each unit within 8 – 12 weeks.

Fees

The fee is £135 per unit and includes all course materials.



For more information and to apply please contact Lui Sit, Benesh Operations Manager on 020 7326 8035, or email lsit@rad.org.uk.