The Benesh Institute: publications

Atkinson, H. (1991), Benesh Movement Notation for Clinicians, Coventry, Coventry Polytechnic (Out of print; copies are available in the Philip Richardson library at RAD HQ)


(The publications above are in the form of topic specific illustrations of the notation accompanied by specially graded reading exercises. Classical Ballet Part III contains a number of short dance sequences that are intended for use as reading practice)


Kipling Brown, A. Parker, M. (1984), Dance Notation for Beginners, London. Dance Books (This publication, comprising an introduction to both BMN and Labanotation, was originally written as a resource for GCSE O Level Dance. Out of print, but possibly available in specialist dance libraries)

*McGuiness- Scott, J. (1983), Movement Study and Benesh Movement Notation: An Introduction to Applications in Dance, Medicine, Anthropology and Other Studies, London, Oxford University Press

*Mirzabekiantz, E. (2000), Grammaire de la notation Benesh, Paris, Centre National de la Danse (This publication, the first on Benesh notation in French, comprises an introduction to the basic principles of the system)

*Parker, M. (1996), BMN Elementary Solo Syllabus: Ballet Application (Standard textbook), London, The Benesh Institute (This publication provides an explanation of the most of the material required for the notation of a solo dance. It focuses on ballet but the notation principles apply equally to other dance forms)


*Publications available from the [RAD shop](https://www.rad.org.uk/shop).