

The Benesh Institute: publications

Atkinson, H. (1991), *Benesh Movement Notation for Clinicians*, Coventry, Coventry Polytechnic (Out of print; copies are available in the Philip Richardson library at RAD HQ)

Benesh, R. and Benesh, J. (1956), *An Introduction to Benesh Movement Notation*, London, A & C Black (Out of print, but possibly available in specialist dance libraries)

Benesh, R. and Benesh, J. (1977), *Reading Dance*, London, Souvenir Press (Available from [Dance Books](#))

*Cunliffe, L. (1990), *Classical Ballet Syllabus Parts I – III*, London, The Benesh Institute

*Cunliffe, L. (1990), *Contemporary Dance Syllabus Parts I – II*, London, The Benesh Institute

(The publications above are in the form of topic specific illustrations of the notation accompanied by specially graded reading exercises. Classical Ballet Part III contains a number of short dance sequences that are intended for use as reading practice)

*Inman, T (1998), *Benesh Movement Notation Score Catalogue: an International Listing of Benesh Movement Notation Scores of Professional Dance Works Recorded 1995 – 1998*, London, Royal Academy of Dance

Kipling Brown, A. Parker, M. (1984), *Dance Notation for Beginners*, London. Dance Books (This publication, comprising an introduction to both BMN and Labanotation, was originally written as a resource for GCSE O Level Dance. Out of print, but possibly available in specialist dance libraries)

*McGuinness- Scott, J. (1983), *Movement Study and Benesh Movement Notation: An Introduction to Applications in Dance, Medicine, Anthropology and Other Studies*, London, Oxford University Press

*Mirzabekiantz, E. (2000), *Grammaire de la notation Benesh*, Paris, Centre National de la Danse (This publication, the first on Benesh notation in French, comprises an introduction to the basic principles of the system)

*Parker, M. (1996), *BMN Elementary Solo Syllabus: Ballet Application* (Standard textbook), London, The Benesh Institute (This publication provides an explanation of the most of the material required for the notation of a solo dance. It focuses on ballet but the notation principles apply equally to other dance forms)

*Wallis, L. Ryman, R. et al (1997), *The Foundations of Classical Ballet Technique*, London, Royal Academy of Dance

*Wallis, L. Ryman, R. et al (2002), *The Progressions of Classical Ballet Technique*, London, Royal Academy of Dance

*Publications available from the [RAD shop](#).